

Jos luet viestin mieluummin selaimella, klikkaa tästä

MiB MOTHERS IN BUSINESS

Towards an equal and family friendly working life.

[MiB International](#)

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[Blog](#)

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The English-language version of the MiB newsletter is published on our website.

[News on website](#)



Start the year with English mentoring program

Do you want to develop your own professional identity, find ways to promote your own well-being and stay resilient while juggling family and career? Or just want to regularly chat with someone about family and work?

Try MiB's national mentoring program. We are looking for both actors and mentors to join. The [registration for the 2023 program](#) is now open. Mentoring starts in April and lasts until the end of the year. The mentoring program will be implemented virtually. Face-to-face meetings are recommended if the mentor lives nearby.

The theme this year is "Well-being and coping while juggling family and career". We will discuss the theme in the program's online meetings. Participation in the program is free for MiB members.

[Apply now for the mentoring program](#)

Well-being and
coping while
juggling family
and career

Apply now to be part
of MiB's 2023
mentoring program!





Check out all the upcoming events -free and open to all!

You can see all upcoming MiB events in English from our website. You can register to the events through the events calendar.

We warmly welcome you to join all the events to develop yourself, grow your networks and meet other parents!

[MiB events calendar](#)

Career advancement: Pimp your CV

Does your CV need updating? Are you currently searching for a job? We will provide open-to-all **CV clinics in February, April, September and November this year**. You can join one or more times and create valuable contacts while learning new things about job hunt.

At the live workshops, we work in small groups and receive feedback from other participants. You will get practical tips for updating your CV and can be inspired by what others have done.

Our first workshop on February 2nd in Helsinki instantly booked full. To fit in April's workshop, keep an eye on our [event calendar](#). Meanwhile, we have collected [tips for pimping your CV](#). Check them out!



Broaden your networks of international talents

We have a fantastic community of over 700 international talents following our social media channels. To find other parents from your neighborhoods or your other home country, join the channels and start a conversation.

You are likely to find the answer to the question in your mind, what ever the topic is. Please keep in mind that our channels are not primarily for promoting personal business, but you are likely to find new potential customers and valuable contacts!

[MiB International Facebook group](#)

[MiB International Instagram](#)

[MiB ry LinkedIn](#)



Join MiB and support English activities

We want to encourage all of you to become MiB's members - the more English speaking members we have at MiB, the better chances we have for organizing English activities.

As a MiB member, you can unlock the full potential for developing yourself and growing your networks. Join today!

[Become a member](#)



MiB

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